Richard Bartlett  By lightly touching his clients while applying focused intent, he restored them to a physically, mentally, and spiritually balanced state, instantly shifting misalignments they had for years. He throws out to "the universe", "God", "higher power", "higher self", your "guides", "angels", "collective unconscious", or whatever you want to call it, the energetic imbalance and lets the universe do the work.

- Matrix Energetics: The Science and Art of Transformation (Paperback)
- The Matrix Energetics Experience [AUDIOBOOK] (Audio CD)
- Physics of Miracles

Robert O. Becker, M.D., was a pioneer in the field of bioelectric science, researched electricity in healing and challenged the traditional mechanistic model of the body. He covers scientific and medical politics, fighting disease with the body's innate healing powers; and dangers of EMF radiation.

- Cross Currents
- The Body Electric: Electromagnetism and the Foundation of Life

Gregg Braden  Fractal Time: The Secret of 2012 and a New World Age
- The Divine Matrix: Bridging Time, Space, Miracles, and Belief (Paperback)
- Spontaneous Healing of Belief

Barbara Brennan  Hands of Light: A Guide to Healing Through the Human Energy Field
- Light Emerging: The Journey of Personal Healing

Rosalyn Bruyere  Wheels of Light: Chakras, Auras, and the Healing Energy of the Body

Deepak Chopra, M.D  Merges quantum physics, Ayurvedic medicine and timeless wisdom in many of his books & CD’s.

- Perfect Health: The Complete Mind/Body Guide

Gary Craig - originator of Emotional Freedom Techniques (EFT). Healing is activated by tapping (self-stimulation) on the body's natural stress-reduction points to rapidly reduce anxiety, depression, phobias and other conditions.  www.emofree.com

- The EFT Manual (EFT: Emotional Freedom Techniques) (Paperback)

Robert E. Detzler  Soul Re-Creation : Developing Your Cosmic Potential (Paperback)
- Spiritual Healing

Wayne Dyer, Ph.D.
- Manifest Your Destiny
- The Power of Intention
- Change Your Thoughts, Change Your Life

David Feinstein  The Promise of Energy Psychology: Revolutionary Tools for Dramatic Personal Change

Peter H. Fraser, Harry Massey and Joan Parisi Wilcox  - Read about the biomedical structure of the human body based upon the true energy wave structure of matter. This is important information which sets the foundation for a new branch of medicine!

- Decoding the Human Body-Field: The New Science of Information as Medicine (Paperback)

Cal Garrison  Slim Spurling's Universe: Ancient Knowledge Rediscovered to Restore the Health of the Environment and Mankind (Hardcover)

Richard Gerber M.D.  Vibrational Medicine: The #1 Handbook of Subtle-Energy Therapies
- A Practical Guide to Vibrational Medicine: Energy Healing and Spiritual Transformation

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Instructor: Lorna Reichel
(518) 383-9066

Raymon Grace - The Future Is Yours: Do Something About It! (Paperback)

Vladimir Megre - The Ringing Cedars series of books are full of ancient wisdom and can help you to shift your consciousness, perceive things in new ways, and increase awareness of the nature of reality.

Anastasia, (Book 1) (Paperback) - the story of entrepreneur Vladimir Megre's trip to the Siberian taiga in 1995, where he witnessed incredible spiritual phenomena including sacred 'ringing cedar' trees. After spending 3 days in the wilderness with a woman named Anastasia, he is transformed so deeply that he abandons his commercial plans, to write this book about the spiritual insights Anastasia shared with him.

The Ringing Cedars of Russia (Book 2)
The Space of Love (Book 3)
Co-Creation (Book 4)
The Energy of Life (Book 7)

Esther and Jerry Hicks - Esther channels Abraham, a collection of evolved non-physical entities who teach how your thoughts and feelings determine your reality; the importance of feeling good, because how we feel attracts more of what we have, whether good or bad.

The Law of Attraction: The Basics of the Teachings of Abraham
The Law of Deliberate Intent
The Law of Allowing

Bruce H. Lipton, Ph.D., a cell biologist, performed pioneering studies at Stanford University’s School of Medicine, on the interaction between your mind and body and the processes by which cells receive information. He shows that genes and DNA do not control our biology, that instead DNA is controlled by signals from outside the cell, including the energetic messages emanating from our thoughts. He demonstrates the new science of Epigenetics, the link between mind and matter and the profound effects it has on our personal lives and the collective life of our species.

The Biology of Belief: Unleashing the Power of Consciousness, Matter, & Miracles

Sig Lonegren - Earth Mysteries Handbook: Wholistic Non-intrusive Data Gathering Techniques – covers sacred geometry, archaeoastronomy and dowsing

Spiritual Dowsing - explores dowsing as a tool for health, healing, and locating earth energies found at ancient sacred sites.

Lynne McTaggart - The Field

Drunvalo Melchizedek, - a spiritual teacher, reminds us that "Long ago we humans used a form of communication and sensing that did not involve the brain in any way; rather, it came from a sacred place within our heart."

The Ancient Secrets of the Flower of Life
Living in the Heart: How to Enter into the Sacred Space Within the Heart

Dr. and Master Zhi Gang Sha, - Soul Healing & Enlightenment; advanced cellular healing science; effects of spirit on the human system.

Power Healing: Four Keys to Energizing Your Body, Mind and Spirit
Soul Mind Body Medicine: A Complete Soul Healing System for Optimum Health and Vitality
Soul Wisdom: Practical Soul Treasures to Transform Your Life (Soul Power)
Divine Soul Songs: Sacred Practical Treasures to Heal, Rejuvenate, and Transform You, Humanity, Mother Earth, and All Universes (Harcover Book w/Music CD)

Michael Talbot, - Explains the theory of holography and how this theory of reality accommodates the latest thinking in physics as well as many unresolved mind-body questions. He provides evidence to suggest that the world and everything in it, are mere images, projections from a level of reality beyond our own, and literally beyond space and time.

The Holographic Universe

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**Eckhart Tolle** a spiritual teacher, with insights on how we are creating a new world by a personal transformation that shifts our attention away from our ever-expanding egos; How people can take back their power to create what they want in their lives by being more conscious of how thoughts and emotions get in the way of their ability to live in genuine peace and happiness.

- *A New Earth: Awakening to Your Life's Purpose*
- *The Power of Now: A Guide to Spiritual Enlightenment*

**Alberto Villoldo**, Ph.D., a psychologist and medical anthropologist, studied the healing practices of the Amazon & Inka shamans for 25+ years; also how the mind creates psychosomatic health and disease. Dr. Villoldo directs The Four Winds Society, where he trains individuals in energy medicine and soul retrieval practices.

- Shaman, Healer, Sage: How to Heal Yourself and Others with the Energy Medicine of the Americas
- Mending the Past and Healing the Future with Soul Retrieval

**Doreen Virtue**, Ph.D., is a spiritual psychotherapist who works with the angelic realm, fairies…

- *The Lightworker's Way: Awakening Your Spiritual Power to Know and Heal*
- *Angels 101: An Introduction to Connecting, Working, and Healing with the Angels*

**Walt Woods**, Highly respected Dowser and author of Letter To Robin, an excellent mini course in pendulum dowsing. Walt has his 3 dowsing publications available for free at: [http://www.lettertorobin.org/Home.html](http://www.lettertorobin.org/Home.html)

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**INTERNET LINKS**

**Spiritual Cinema Circle** is a truly transformative monthly DVD club. Each month you receive 4 extraordinary, inspiring films from independent filmmakers - movies you won’t find at your local cinema-plex - delivered to your home. The DVDs are yours to keep. Cost: $21.00/month. Contact: Spiritual Cinema, Inc. 833 W. South Boulder Rd. Louisville, CO 80027.

NES technology (Nutri-Energetics Systems) is a comprehensive and accurate human "body/information-field" assessment tool: [http://www.nutrienergetics.com/](http://www.nutrienergetics.com/)

**Marcel Vogel**  

**interview with Gregg Braden** discussing his new book "Fractal Time".

Dr. BRIAN CLEMENT - Director of the Hippocrates Institute, Author. Nutrition and youthful aging; Cancer, cardiovascular disease, diabetes, MS, ALS, Parkinson's, fibromialgia can be altered, prevented, and at times conquered with phyto-chemicals, antioxidants and other nutrients consumed on a diet of organic vegan living food; Science and mechanisms that bring about a heightened and balanced immunity.


- Daily Energy Routine (massages you give yourself for better health: [http://www.youtube.com/watch?v=Vr-FEOyY440g](http://www.youtube.com/watch?v=Vr-FEOyY440g))
- Energy Healing One - Tracing Your Meridians [http://www.youtube.com/watch?v=V0teeWjEOpJ0&NR=1](http://www.youtube.com/watch?v=V0teeWjEOpJ0&NR=1)

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**NASSIM HARAMEIN** - Director of Research at the Resonance Project Foundation, [http://www.theresonanceproject.org/](http://www.theresonanceproject.org/). His groundbreaking Unified Field Theory, known as the Haramein-Rauscher metric, is a new solution to Einstein’s field equations that incorporates torque and Coriolis effects; foundation for a fundamental change in our current understandings of physics and consciousness, and its applications in a sustainable research environment.

- **What is the Origin of Spin?** (PDF) This is the first of a series of articles describing the research of Mr. Haramein, [http://www.youtube.com/watch?v=V0eeWjEOpJ0&NR=1](http://www.youtube.com/watch?v=V0eeWjEOpJ0&NR=1)
- **Short Synopsis of the Scale Unification Paper**
- **Spinors, Twistors, Quaternions, and the “Spacetime” Torus Topology** (PDF), by Nassim Haramein and E.A. Rauscher.
- **Collective Coherent Oscillation Plasma Modes In Surrounding Media of Black Holes and Vacuum Structure - Quantum Processes with Considerations of Spacetime Torque and Coriolis Forces** (PDF), by Nassim Haramein and E.A. Rauscher.
- **Scale Unification – A Universal Scaling Law For Organized Matter** (PDF), by Nassim Haramein, Michael Hyson, and E.A. Rauscher.

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- Nassim Haramein Radio Interview with Michael Mercury, April 2004 (MP3)
- Grand Unified Field Theory :: Nassim Haramein Pt.1 (YOUTUBE)
- Grand Unified Field Theory :: Nassim Haramein Pt.2 (YOUTUBE)
- Grand Unified Field Theory :: Nassim Haramein Pt.3 (YOUTUBE)

DAVID WILCOCK - [http://video.google.com/videoplay?docid=-4951448613711060908] – A master class in energy, ascended abilities, spiritual growth, DNA, consciousness science, sacred geometry, three-dimensional time, the Mayan Calendar, etc;
Part I: Consciousness energy field, galactic alignment, dodecahedron, 2012 / DNA crop circles, sacred geometry as vibration, tetrahedron, 19.5 degrees
Part II: Hans Jenny / Cymatics, space and time inverting, wave-particle duality, Buckyballs, DNA as a wave, Kaznacheyev, psychic healing, Dewey Larson, 3D time, space-time fabric, time-space
Part III: Fairy circles, natural stargates, ESP, nested spheres, channeling, chakras, Pineal gland, Sumerian tablets, Osiris, pine cone symbolism, Tammuz, Bindi, Bacchus, Dionysus
Part IV: Pyramid sarcophagus, ayahuasca, Dreams, Out of Body Experience
Part V: synchronicity, shamanism, holographic sound, pineal gland, Dan Burisch, Project Looking Glass
Part VI: Mimzy, election tampering, pole shift, time-viewing technology, Convergent Timeline Paradox, human-lineage ETs
Part VII: Tree of Life, Philadelphia Experiment / Rainbow Project
Part VIII: Phoenix III, Montauk chair, time travel, 2012, Time Vector Generator / TVG, Mars pyramids, underground bases
Part IX: zero-time, 2012 dimensional shift, Chandler’s Wobble, pole shift, California earthquakes
Part X: Create your own reality, 2012 not cataclysmic, Russian physics, Dr. Sergey Smelyakov / Auric Time Scale, spiral imploding into 2012 changing consciousness,
[http://video.google.com/videoplay?docid=-4353521315087386589]

DRUNVALO MELCHIZEDEK – Acting as a spokesperson for the Mayan Council (representatives from 440 tribes), he delivers important messages regarding 2012 in The Maya Of Eternal Time – 2 Hours of (14) 10 min videos:
[http://www.youtube.com/results?search_query=drunvalo+melchizedek+mayan](http://www.youtube.com/results?search_query=drunvalo+melchizedek+mayan)
Don Alejandro, President of the Mayan Council, emphasizes that this council has not "spoken" on anything publicly for 500 years. It's now time.

Organizations

IONS - Institute of Noetic Science  [www.noetic.org](http://www.noetic.org)  Exploring frontiers of consciousness to advance individual, social, and global transformation.

ISSSEEM - The International Society for the Study of Subtle Energies and Energy Medicine  [www.issseem.org](http://www.issseem.org)  Exploring and applying subtle energies, consciousness, healing, and human potential. Hold an annual conference; Publish Bridges quarterly magazine, and Subtle Energies & Energy Medicine, a peer-reviewed, scientific journal.

TORONTO DOWSERS – Bring in national speakers, publish informative newsletters:  [www.dowsers.info/toronto/toronto.htm](http://www.dowsers.info/toronto/toronto.htm)

USPA - United States Psychotronics Association  [www.psychotronics.org](http://www.psychotronics.org)  Forum for sharing science, alternative health, and consciousness studies. Annual Conference and publications provide a wealth of information and opportunities for networking and mind/matter investigations.

Lorna Reichel is a biofield consultant, auric-field photographer, teacher, and artist. She uses 20 years experience with energy consciousness in health & healing; training in the Biofield Sciences; and aura imaging to empower clients. She leads workshops and lectures throughout the United States. Her goal is to bring individuals to higher levels of awareness and being, where they experience their innate ability to heal, create joy, and the life & world they envision.